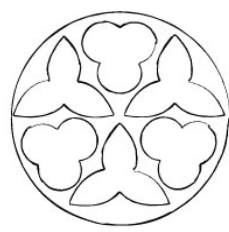


# EMMANUEL LIFE



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WWW.EMMANUELALEXANDRIA.ORG

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EMMANUEL BAPTIST CHURCH, ALEXANDRIA, LA A PLACE TO BE, A PLACE TO BECOME

## Upcoming Events

### Sunday, January 11

9:00 Breakfast  
9:30 Bible Study  
10:50 Worship  
4:30 Youth Choir  
5:15 Youth Life  
6:15 Emmanuel Ringers

### Tuesday, January 13

10:00 **Esther Bible Study - Rm 111**

### Wednesday, January 14

4:30 - 7:15 **Blood Drive - Room 105**  
5:00 Supper - Weems Hall  
5:15 - 7:00 Library & Media Center Open  
5:15 Kiddie Corral open (Birth - 2 years) - FLC  
5:30 Early Room (3, 4 & 5 yr olds) - Preschool Wing Room 124  
5:45 Prayer Meeting  
5:45 Mission Friends & Preschool Choir - Preschool Wing  
5:45 Music Makers - 3rd Floor  
5:45 Young Musicians - 2nd Floor  
5:45 Youth Rec and Activities - FLC  
6:30 G.A.s & R.A.s - 2nd Floor  
6:30 Youth Element - Youth Room  
7:00 Sanctuary Choir  
7:15 Children & Youth dismiss (FLC Open for grades 1-6)  
7:30 FLC Closed (except to children whose parents are in choir or committee meetings)

## Looking Ahead

### Saturday, January 17

**Kefir and Probiotics Class with Sandy Couvillon - 9:00 - 11:00, Weems Hall**

### Sunday, January 18

**Nursery Workers Meeting (paid workers only) - 3:00 - 4:30, Room 120**

### Monday, January 19

**Church Office Closed - MLK Holiday**

### Wednesday, January 21

**Jerry and Susan Cauley celebrate 25 years of service at Emmanuel**

**Joint Meeting: Finance (2014 and 2015 Committee Members), Emmanuel Living Legacy and Investment Committees - 6:30, Room 106A**

### Friday, January 23

**Round Table - Laura-Ellen Ayres, Director of the Rapides Parish Library - Noon, Weems Hall**

**Parent's Night Out - 5:30 - 9:30, FLC**

### Sunday, January 25

**Coffee House Sessions - Ellene Owens - 6:00, FLC Coffee Shop**

## Mission of the Month: January Main Street Mission Food Pantry

Food Drive  
for Hunger



Throughout the month of January Emmanuel is collecting non-perishable food items for the Main Street Mission food pantry. Drop off point is in the Mission Corner in Weems Hall.

## Kefir and Probiotics Class

Saturday, January 17

9:00 - 11:00

Weems Hall

Cost: \$5.00 per person

Emmanuel members and non-members are welcome to join this class led by Sandy Couvillon that will share information and starters for Kefir and Yogurt. Kefir and Yogurt are fermented milk products that provide probiotics to help digestion and the immune system. There will be tastings of the Kefir and Yogurt, as well as tastings of Kombucha, a tea that provides probiotics.

Participants receive tastings, starters, milk and information about using probiotics. Each participant should bring 2 glass jars (16 oz. or larger) for starters to bring home with them.

Call the church office at 442-7773 for more information.

**Emmanuel Baptist Church**  
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Alexandria, LA 71301  
(318) 442-7773

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## FINANCE

### Joint Meeting

**Finance Committee, Emmanuel Living Legacy Committee and Investment Committee**  
**Wednesday, January 21**  
**6:30**  
**Room 105**

All members of the Finance (2014 and 2015 committee members), Emmanuel Living Legacy and Investment committees are needed at this important meeting.

## MISSIONS

### Mission of the Month: January



### Main Street Mission Food Pantry

Throughout the month of January Emmanuel is collecting non-perishable food items for the Main Street Mission food pantry. Drop off point is in the Mission Corner in Weems Hall.

Requested foods are:

canned vegetables  
canned fruit  
peanut butter  
dry cereal  
rice  
dry beans  
spaghetti sauce  
spaghetti noodles  
canned soup  
tuna  
boxed macaroni and cheese

### Mission Offering Our Sacred Gift

**Emmanuel's Goal: \$4,000**

**Lottie Moon \$2,462**

**CBF Global \$2,193**

**Total Received \$4,655**

Thank you Emmanuel for your generous offerings for these global missions.

## NURSERY WORKERS

### Nursery Worker Meeting

**Sunday, January 18**

**3:00 - 4:30**

**Room 120 in the Preschool Wing**

This meeting is mandatory for all paid nursery workers. Volunteer nursery workers are not required to attend. Please contact Gail Smith if you have any questions.

## ALL CHURCH

### Reminder

**We return to our regular Sunday schedule this Sunday, January 11**  
Breakfast 9:00  
Sunday School 9:30  
Worship 10:50

### Kefir and Probiotics Class

Saturday, January 17

9:00 - 11:00

Weems Hall

Cost: \$5.00 per person

Emmanuel members and non-members are welcome to join this class led by Sandy Couvillon that will share information and starters for Kefir and Yogurt. Kefir and Yogurt are fermented milk products that provide probiotics to help digestion and the immune system. There will be tastings of the Kefir and Yogurt, as well as tastings of Kombucha, a tea that provides probiotics, butter and sour cream.

Participants receive tastings, starters, milk and information about using probiotics. Each participant should bring at least 2 glass jars (16 oz. or larger) for starters to bring home with them.

Call the church office at 442-7773 for more information.

## CANCELLED

### Committee Chairperson Meeting

The Committee Chairperson meeting scheduled for Sunday, January 18, is cancelled. Lee Weems will hand out an information packet to each chairperson this Sunday before and after morning worship. Committee chairpersons can see Lee this Sunday to pick up their packet or contact the church office to receive their packet by mail.

## Tax Assistance

**Emmanuel is NOT a location for AARP tax assistance this year.**

Free AARP tax assistance is available at the following locations until Tuesday, April 14.

Pineville Community Center  
708 Main St., Pineville  
Tuesdays  
8:00 - Noon

Horseshoe Drive Baptist Church  
2022 Horseshoe Dr., Alexandria  
Tuesdays  
Noon - 4:00

## ACTIVITIES

### Blood Drive

**Wednesday, January 14**

**4:30 - 7:15**

**Room 105**

Please remember to eat well that day and bring your photo I.D. to donate.

### Parent's Night Out

**Friday, January 23**

**5:30 - 9:30**

**Family Life Center**

Drop-offs are always welcome, but the cost is less if you sign up your kiddos before noon on the day of the PNO. Call the church office at 442-7773 or stop by to add your child(ren)'s name to the list.

## Coffee House SESSIONS

### Ellene Owens

**Sunday, January 25**

**6:00**

**Family Life Center**

Childcare is provided.

### Round Table Luncheon

**(Age 55 plus)**

**Friday, January 23**

**Noon**

**Weems Hall**

Join us for a wonderful meal, good company and an informative talk by Laura-Ellen Ayres, Director of the Rapides Parish Library.

Please RSVP by Wednesday, January 21 by calling the church office at 442-7773.

## MARDI GRAS

### Save the Date

**Children's Mardi Gras Parade**

**Saturday, February 14**

**T-shirts** - Get into the Carnival spirit with your own "Krewe of Emmanuel" T-shirt. You can order T-shirts for \$10 each in sizes Youth XS to Adult 3XL. Call the church office by **Wednesday, February 28** to order.

**Ride the Float** - Due to limited float space, children who participate in Wednesday/Sunday activities will have first priority. Bring your own throws (beads and/or candy) and wear your Krewe of Emmanuel t-shirt. Adults needed to chaperone as float riders or walkers.

**Parade Watching Party** - We'll meet in front of the church to watch the parade. There is no Pizza and King Cake party this year.