



EMMANUEL LIFE



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EMMANUEL BAPTIST CHURCH, ALEXANDRIA, LA A PLACE TO BE, A PLACE TO BECOME

Upcoming Events

Saturday, January 17

9:00 - 11:00 **Kefir and Probiotics Class with Sandy Couvillon - Weems Hall**

Sunday, January 18

9:00 Breakfast
9:30 Bible Study
10:50 Worship
3:00 - 4:30 **Nursery Worker Training (paid workers only) - Room 120**
4:30 Youth Choir
5:15 Youth Life
6:15 Emmanuel Ringers

Monday, January 19

Church Office Closed - MLK Holiday

Wednesday, January 21

Jerry and Susan Cauley celebrate 25 years of service at Emmanuel

5:00 Supper - Weems Hall
5:00 **Youth Committee - Rm 106A**
5:15 - 7:00 Library & Media Center Open
5:15 Kiddie Corral open (Birth - 2 years) - FLC
5:30 Early Room (3, 4 & 5 yr olds) - Preschool Wing Rm 124
5:45 **Business & Prayer Meeting**
5:45 Mission Friends & Preschool Choir - Preschool Wing
5:45 Music Makers - 3rd Floor
5:45 Young Musicians - 2nd Floor
5:45 Youth Rec and Activities - FLC
6:30 **Joint Meeting of Finance, Emmanuel Living Legacy and Investment Committees - Room 105**
6:30 G.A.s & R.A.s - 2nd Floor
6:30 Youth Element - Youth Room
7:00 Sanctuary Choir
7:15 Children & Youth dismiss (FLC Open for grades 1-6)
7:30 FLC Closed (except to children whose parents are in choir or committee meetings)

Looking Ahead

Thursday, January 22

H2O Homeless Outreach - 9:00 - 11:00, EBC Parking Lot

Friday, January 23

Round Table - Laura-Ellen Ayres, Director of the Rapides Parish Library - Noon, Weems Hall
Parent's Night Out - 5:30 - 9:30, FLC

Sunday, January 25

Coffee House Sessions - Ellene Owens - 6:00, FLC Coffee Shop
Emmanuel Ringers - 7:00

Let's shower Courtney Halle with blessings as she prepares for her new bundle of joy!

My mommy's getting ready for the day I will arrive.
She is ready to give the the love only a Mommy can provide.
This might not be traditional, but there's still something you can do.
She needs a little extra help and love from those who care.
It's a "Bedrest Baby Shower" for I soon will be here.

Courtney is registered at Target and Life's Little Treasures. Gifts may be dropped off at the church prior to Sunday, January 25, and they will be delivered to Courtney's home. For information contact Leigh Doty or Heather Matlock.

Coffee House SESSIONS

January 25

Ellene Owens

6:00

Family Life Center

Childcare is provided for children ages birth to Kindergarten.

Emmanuel Baptist Church
430 Jackson Street
Alexandria, LA 71301
(318) 442-7773

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Mardi Gras

Children's Parade

Saturday, February 14

- ★ Get your "Krewe of Emmanuel" t-shirt
- ★ Ride the Emmanuel Float
- ★ Join the Parade Watching Party

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MISSIONS

Food Drive for Hunger



Mission of the Month: January Main Street Mission Food Pantry

Throughout the month of January Emmanuel is collecting non-perishable food items for the Main Street Mission Emergency Food Pantry. The Emergency Food Pantry is a ministry of Main Street Mission that provides short term intervention (2 - 3 days of food) to families with immediate food needs. Families may receive this benefit only once per month.

Drop off point for food donations is in the Mission Corner in Weems Hall or in the foyer of the Sanctuary.

Requested foods are:

- canned vegetables
- canned fruit
- peanut butter
- dry cereal
- rice
- dry beans
- spaghetti sauce
- spaghetti noodles
- canned soup
- tuna
- boxed macaroni and cheese

COMMITTEES

Joint Finance Meeting
Finance Committee, Emmanuel Living Legacy Committee and Investment Committee
Wednesday, January 21
6:30
Room 105

All members of the Finance (2014 and 2015 committee members), Emmanuel Living Legacy and Investment committees are needed at this important meeting.

Youth Committee Meeting
Wednesday, January 21
5:00
Room 106A

NURSERY WORKERS

Nursery Worker Meeting
Sunday, January 18
3:00 - 4:30

Room 120 in the Preschool Wing

This meeting is mandatory for all paid nursery workers. Volunteer nursery workers are not required to attend. Please contact Gail Smith if you have any questions.

ALL CHURCH

Church Office Closed
Monday, January 19
Martin Luther King, Jr., Holiday

Kefir and Probiotics Class
Saturday, January 17
9:00 - 11:00
Weems Hall

Cost: \$5.00 per person

Emmanuel members and non-members are welcome to join this class led by Sandy Couvillon that will share information and starters for Kefir and Yogurt. Kefir and Yogurt are fermented milk products that provide probiotics to help digestion and the immune system. There will be tastings of the Kefir and Yogurt, as well as tastings of Kombucha, a tea that provides probiotics, butter and sour cream.

Participants receive tastings, starters, milk and information about using probiotics. Each participant should bring at least 2 glass jars (16 oz. or larger) for starters to bring home with them.

Call the church office at 442-7773 for more information.

Tax Assistance

Emmanuel is NOT a location for AARP tax assistance this year.

Free AARP tax assistance is available at the following locations until Tuesday, April 14.

Pineville Community Center
708 Main St., Pineville
Tuesdays
8:00 - Noon

Horseshoe Drive Baptist Church
2022 Horseshoe Dr., Alexandria
Tuesdays
Noon - 4:00

YOUTH

Superbowl Party
Sunday, February 1
Time TBA
Cameron and Hannah's house
Valentine's Sweetheart Luncheon and Dessert Auction Fundraisers
Sunday, February 8
Noon
Weems Hall

ANNIVERSARY

On Wednesday, January 14, Jerry and Susan Cauley celebrate 25 years of dedicated service to Emmanuel Baptist Church.

ACTIVITIES

Parent's Night Out
Friday, January 23
5:30 - 9:30

Family Life Center

Drop-offs are always welcome, but the cost is less if you sign up your kiddos before noon on the day of the PNO. Call the church office at 442-7773 or stop by to add your child(ren)'s name to the list.

Round Table Luncheon

(Age 55 plus)

Friday, January 23

Noon

Weems Hall

Join us for a wonderful meal, good company and an informative talk by Laura-Ellen Ayres, Director of the Rapides Parish Library.

Please RSVP by Wednesday, January 21 by calling the church office at 442-7773.

MARDI GRAS

Alexandria Children's Mardi Gras Parade

(Grades 1 - 6)

Saturday, February 14

T-shirts - Get into the Carnival spirit with your own "Krewe of Emmanuel" T-shirt. You can order T-shirts for \$10 each in sizes Youth XS to Adult 5XL. **Call the church office by Wednesday, January 28 to order.**

Ride the Float - Due to limited float space, children who participate in Wednesday/Sunday activities will have first priority. **RSVP by Friday, February 6 - ALL children must have a medical release form on file.** Bring your own throws (beads and/or candy) and wear your Krewe of Emmanuel t-shirt. Adults needed to chaperone as float riders or walkers.

Parade Watching Party - Church members of all ages are invited to a Children's Mardi Gras Parade Watching Party. We'll meet in front of the Sanctuary on Saturday, February 14, to watch the parade, then stick around for pizza and king cake. Parade watching is free, but lunch is \$2 for children 11 & under, \$4 for ages 12 to adult, or \$12 family max. **RSVP to the church office by Thursday, February 12.**